

BEAT
Beethoven's 5k



Sunday, September 8, 2019 – 9am
COCC Campus Track in Bend

REGISTRATION FORM

Please submit completed form, signed waiver, and payment to: COSA Inc., 15 SW Colorado, Suite 120, Bend, Or 97702

Name (first, last): _____

Street Address: _____ City/State/Zip: _____

Email: _____ Phone: _____ Age: _____ M/F

5K Run/Walk (Individuals & teams)

Before August 8, 2019 \$30 _____

August 9-Sept. 8, 2019 \$40 _____

1 Mile Run/Walk (Individuals & teams)

Before August 8, 2019 \$20 _____

August 9- Sept. 8, 2019 \$30 _____

Beethoven Kids' Obstacle Course/Race: _____ This race is **FREE** but must register with **signed waiver**.

Team name: _____ Team sponsor: _____

Registering as part of a team? Teams must have 5 or more members to qualify for team awards.

Beat Beethoven's 5th T-Shirts (Please circle the size): T-Shirt is included in your packet when you register before August 8, 2019. Limited number of sizes will be available at the event.

Adult: S M L XL XXL(+\$2.00) XXXL(+\$3.00)

Total Entry: \$ _____

Make a Donation: \$ _____

Please Read and Sign this Mandatory Release Form:

I understand that running or walking in the **Beat Beethoven's 5th 5k, 1 Mile & Kids' Race** is a potentially hazardous activity. I attest that I am physically fit, have sufficiently trained for participation in this event, and have not been advised against participation by a qualified health professional. In consideration of accepting my application, I, for myself and anyone entitled to act on my behalf, waive, release, and discharge from any and all claims or liabilities of any kind which arise out of or relate to my participation in this event, and indemnify and hold harmless any and all sponsors including but not limited to Central Oregon Symphony Association and COCC, the organizers, and representatives, officers, agents, and successors from all claims or liabilities of any kind made, waived, released, or discharged herein, even though that liability may arise out of negligence or carelessness on the part of the persons names in this waiver. I understand that my name and/or photo maybe used for promotional purposes.

Signature: _____ Date: _____

Parent/Guardian (under 18): _____

Questions? Call COSA at 541-317-3941 or email: beatbeethoven5k@cosymphony.com